



הלכה of the Week

~ בְּרַכַּת הַמְּזוֹן (2) ~
 (Grace After Meals - part 2) ~

One should sit when reciting בְּרַכַּת הַמְּזוֹן , as this helps one concentrate.

One should not slouch impolitely in his chair. Rather, one should sit in a sensible, respectful manner and concentrate on the בְּרַכּוֹת he is reciting.

בְּרַכַּת הַמְּזוֹן must be recited where the meal was eaten.



פְּרָקִי אָבוֹת of the Week

פְּרָק ד

ו רבִּי יִשְׁמָעֵאל בֶּר רַבִּי יוֹסִי אָמַר, תְּלוּמַד תּוֹרָה עַל מְנַת לְלַמֵּד, מְסַפִּיקִין בְּיָדוֹ לְלַמּוֹד וּלְלַמֵּד. וְתְלוּמַד עַל מְנַת לַעֲשׂוֹת, מְסַפִּיקִין בְּיָדוֹ לְלַמּוֹד וּלְלַמֵּד לְשִׁמּוֹר וּלַעֲשׂוֹת.

Rabbi Yishmael Bar Rabbi Yose taught:

If someone learns תּוֹרָה in order to teach it to other people, (Heaven will make certain that) he will be able to learn and to teach; but if someone learns תּוֹרָה in order to do the מְצֻוֹת, (Heaven will make certain that) he will be able to learn and to teach, to keep and to do the מְצֻוֹת.
