



הַלְכָה of the Week

~ בְּרַכַּת הַמְּזוֹן (1) ~
(Grace After Meals - part 1) ~

וְאָכַלְתָּ וְשָׂבַעְתָּ וּבֵרַכְתָּ אֶת־ה' אֱלֹהֶיךָ עַל־הָאָרֶץ הַטֹּבָה אֲשֶׁר
נָתַן־לְךָ: (דְּבָרִים ח: י)

“When you have eaten and are satisfied you shall bless Hashem,
your G-d” (Devarim 8, 10)

בְּרַכַּת הַמְּזוֹן is recited after eating bread.

One is only required to recite בְּרַכַּת הַמְּזוֹן if he ate a
כֶּזַיִת or more of bread within a time period of 2-4
minutes, if possible, but certainly no longer than nine
minutes.



פְּרָקִי אָבוֹת of the Week

פְּרָק ד'
ג' הוּא תְּהִי אֹמֵר, אֵל תְּהִי בּוֹ לְכֹל אָדָם, וְאֵל תְּהִי מִפְּלִיג לְכֹל דְּבָר,
שְׂאִין לְךָ אָדָם שְׂאִין לוֹ שְׂעָה וְאִין לְךָ דְּבָר שְׂאִין לוֹ מְקוּם:

He (Ben Azai) used to teach:

You should never treat any person as if he is worthless, and you should
never think that something is useless; because there is no person who does
not have a time when he is needed, and there is no thing that does not have
a place where it is needed.
