



הלכה of the Week

~ ... ~ שְׁהַחֲיֵנוּ וְקִיַּמְנוּ וְהַגִּיעֵנוּ לְזֶמַן הַזֶּה. (2) ~

**ברוך אתה ה' אלקינו מלך העולם, שְׁהַחֲיֵנוּ וְקִיַּמְנוּ וְהַגִּיעֵנוּ לְזֶמַן הַזֶּה.**

**“Blessed are you, Hashem, our G-d, King of the Universe,  
Who has kept us alive and looked after us and enabled us to reach this time.”**

שְׁהַחֲיֵנוּ is recited when one buys an important article of clothing, or when one makes any other major purchase. If the garment requires alterations, then the בְּרָכָה is recited after all the alterations have been completed and one is wearing the garment for the first time.

שְׁהַחֲיֵנוּ is also recited before performing a מִצְוָה that only occurs at particular times, such as sitting in the succah, eating matzah, and so on. The בְּרָכָה is recited before the מִצְוָה is performed for the first time during the festival.

שְׁהַחֲיֵנוּ is also included in the קִידוּשׁ recited on the first night of all יָמִים טוֹבִים .

פְּרָקֵי אָבוֹת of the Week

פְּרָק ד

**כ"ג רבי שמעון בן אלעזר אומר, אל תרצה את חברך בשעת כעסו.**

Rabbi Shimon Ben Elazar says:

You should not apologise to someone when he is still angry.

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