



Jewish Literacy Programme

Year 4 ~ Week 11

This week's סדרה:

Write each Hebrew word into script

English Translation	חומש Words	English Translation	חומש Words
(and) he got up	וַיָּקָם _____	(and) they encamped	וַיַּחֲנוּ _____
(and) he stood	וַיַּעֲמֹד _____	plague	נֶגֶף _____
(and) they travelled	וַיִּסְעוּ _____	sacrifice	זָבַח _____

English Translation / Explanation	G.K. Words
שַׁבָּת (1)	Write each Hebrew word into script

קידוש

It is a מצוה to make קידוש at the beginning of both שַׁבָּת and טוב. The main קידוש of שַׁבָּת is Friday night but we also make קידוש on שַׁבָּת morning, after שחרית. The חלה is kept covered during קידוש. Three reasons are given for this:

1. the honour of Shabbat requires that food should not be present until after kiddush has been made;*
2. the challah is like the מן, which was covered above and below with dew;*
3. the challah should not be 'embarrassed' at 'seeing' the kiddush being made on wine, since kiddush could also be made on the challah, itself.**

*תוספות פסחים ק: דה' שאין **תלמוד ירושלמי, quoted by Tur, O.H.271)

הבדלה is like the opposite of קידוש, marking the end of שַׁבָּת and the beginning of a new week. We make havdalah once Shabbat has ended and three medium-sized stars are visible in the dark, night sky.

הבדלה

For this mitzvah we use wine - יין, spices - בְּשָׂמִים, and a candle - נר.

We say a brachah on each of these, and conclude with the havdalah berachah, which praises Hashem for separating between חול and קדש.

The flame reminds us of the first fire, which was made after the first Shabbat, and separates from Shabbat when it was forbidden to light a fire.

The candle must have more than one wick, because (a) the berachah is in the plural, בְּנֵרֵי מְאוּרֵי הָאֵשׁ, and (b) to symbolize the different colours in fire.

We must have two loaves of bread at each meal on שַׁבָּת. This reminds us of the two portions of מן that Hashem provided on ערב שַׁבָּת because we were not allowed to go collecting it on שַׁבָּת itself.

לחם משנה

We are required to have three meals on שַׁבָּת. At each meal we should tell דברי תורה, eat special Shabbat food and sing zemirot.

שלוש סעודות

סעודה שלישית

א	ב	ג	ד	ה	ו	ז	ח	ט	י	כ	ך	ל	מ	נ	ו	ס	ע	פ	ף	צ	ץ	ק	קר	ש	ת
א	ב	ג	ד	ה	ו	ז	ח	ט	י	כ	ך	ל	מ	נ	ו	ס	ע	פ	ף	צ	ץ	ק	קר	ש	ת